

# Young Leaders' Scheme Programme plans



## Module G

Item code FS460006 March/08 Edition no 2

0845 300 1818

### What is the Balanced Programme?

A Balanced Programme is an exciting programme that allows young people to experience a wide range of activities through a number of Programme Zones.

In this module you will learn that a Balanced Programme lies at the heart of Scouting, ensuring that young people participate in a varied series of activities, which will help them to develop and achieve their full potential.

### So, what exactly is the Programme?

The Programme is everything that we do in Scouting. That is, the activities that we do, and the challenges, badges and awards that we complete.

The Programme has its foundations in the values of the Scout Promise and Law and spans right across the five Sections.

There are six key rules to bear in mind when running the Programme. It should be:

- ◆ relevant and attractive
- ◆ easy to understand and operate
- ◆ progressive and accessible
- ◆ appealing to a wide range of young people
- ◆ meaningful and fulfilling
- ◆ safe and enjoyable.

Above all though, the Programme should be fun! What activities do 6-14 year olds like? How varied can you make the activities that they do? These are both questions that you should think about. Also, remember that you are closer in age to the young people in your Section than the adult

Leaders. You should be able to realise what they want from a programme fairly easily. After all, not very long ago you were in their position!

### Programme Zones

Programme Zones are designed to maximise a young person's development as they progress through the Movement. They are vital to planning a Balanced Programme.

### Methods

Another part of the Balanced Programme is the use of Methods. Using different Methods to deliver an element of one of the Programme Zones helps to make meetings and activities more interesting. Some of the Methods that you might use in your Section programme are:

- Games
- Visits
- Activities (indoor and outdoor)
- Crafts
- Songs and stories
- Themes

### What have I learned in this module?

When you have completed this module, you will be able to go back to your Section and play your part in ensuring the delivery of a Balanced Programme. This will make sure that the young people in your Section have the opportunity to achieve maximum personal development.





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		Community	Fitness	Creative	Global	Outdoor and Adventure	Beliefs and Attitudes
		Community	Fitness	Creative	Global	Outdoor and Adventure	Beliefs and Attitudes
		Community	Fit for life	Creative Expression	Global	Outdoor and Adventure	Beliefs and Attitudes
		Community Service	Physical Recreation	Skills	Global	Outdoor and Adventure	Values and Relationships